

Reversible Christmas Apron Instructions

"Hometown Café Apron"

by Mary Mulari

A long ribbon or fabric tie sliding through side channels makes this apron adjustable for all sizes. Ribbon or fabric ties may be used. One yard of fabric is needed for each fabric body.

Cut two apron bodies, optional pockets and fabric strips for apron ties. Embellish each apron body as desired. This is your opportunity to use your creativity!

Apron Ties: Cut three strips of fabric 2" by width of fabric. With right sides together, join short ends to form one long strip. Fold long strip in half with wrong sides together. Press and then unfold. Fold each raw edge to the inside along the center fold, and press just the edges. Then fold in half again along the center fold. Press and stitch along folded edges. To finish the ends you may turn under the raw edges or tie a knot at the ends and leave the raw edge exposed.

How to Make Spaghetti Bias Christmas Tree

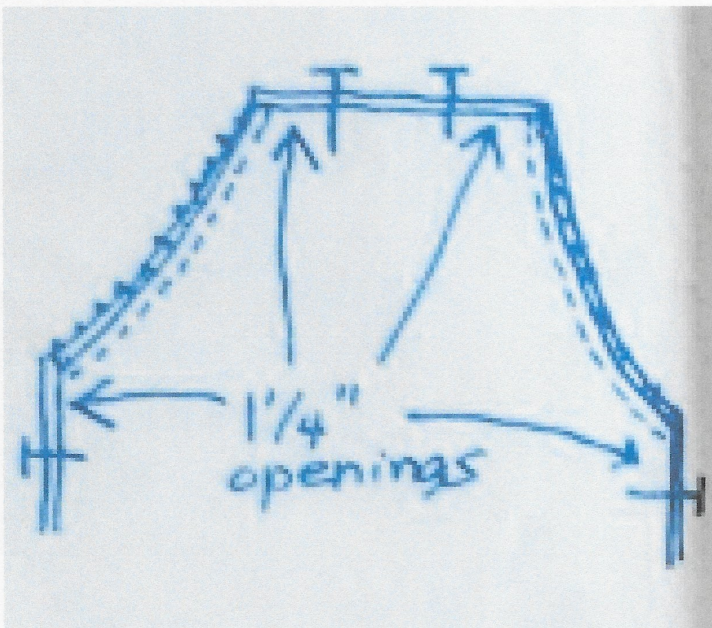
Trace triangle shape in desired location. Glue-baste pressed spaghetti bias within triangle shape to form a Christmas tree. Attach spaghetti bias with a three step zig-zag or a 2.0 twin needle. Cover ends with a bead or button. Embellish tree with buttons or beads as desired.

How to make your own spaghetti bias

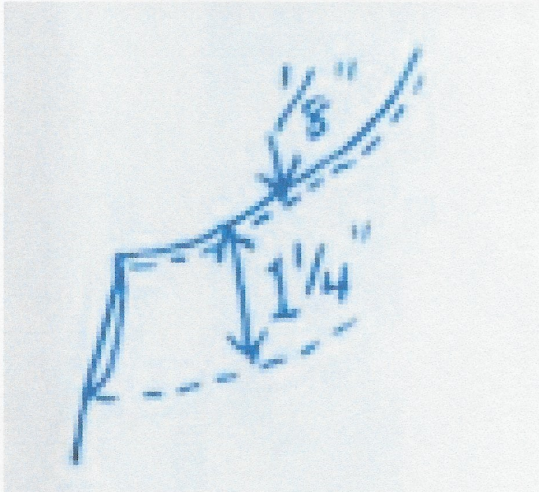
Cut bias strips 1 1/2" wide. Sew short ends together to make a long strip. Fold the bias strip in half with wrong sides together. Using a small (1.5L) stitch length, sew 1/4" away from the fold. Trim the seam allowance down to a scant 1/8". Slip a 1/4" bias press bar into the tube centering the trimmed seam allowance on the back side. Press well. Carefully remove the bias press bar. Your spaghetti bias is ready to use.

Apron Assembly

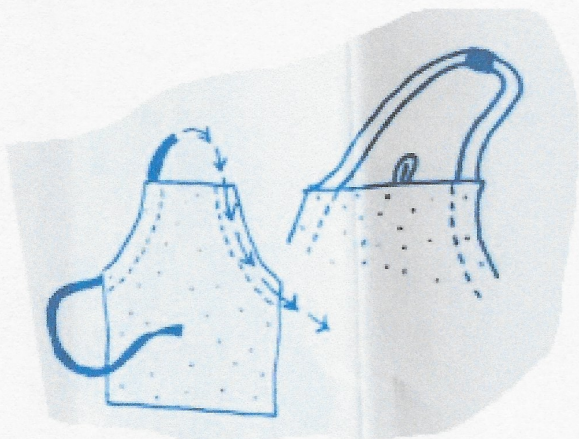
1. Pin apron layers with right sides together.
2. Sew the diagonal side edges with a $\frac{1}{4}$ " seam allowance. Clip or trim seam allowance with pinking shears.
3. Measure $1\frac{1}{4}$ " from each end of both seams to mark the size of the openings for the apron tie casings at the apron top and sides. Sew up the sides to the markings and across the apron top between the two markings with a $\frac{3}{8}$ " seam allowance. Sew across the bottom, leaving a space open to turn the apron body right side out. Trim corners at bottom edges.



4. Turn the apron right side out and press the edges, tucking in the seam allowances at the openings. Form the apron tie casings by stitching $1\frac{1}{4}$ " from the apron diagonal side edges. Topstitch $\frac{1}{8}$ " from top, side and bottom edges. Do not stitch across casing openings.



5. Thread apron tie through casings. It can be helpful to mark the center of the tie to line it up with your center back neck when wearing the apron.



2. BIAS PRESS BARS

A. Heat resistant bias press bars come in multi size sets. Most common is $\frac{1}{4}$ ", $\frac{3}{8}$ ", $\frac{1}{2}$ ", $\frac{5}{8}$ " and $\frac{3}{4}$ ".

B. Use the following measurement to cut the bias:

- $\frac{1}{4}$ " bias press bar - cut bias 1" wide
- $\frac{3}{8}$ " bias press bar - cut bias 1 $\frac{1}{4}$ " wide
- $\frac{1}{2}$ " bias press bar - cut bias 1 $\frac{1}{2}$ " wide
- $\frac{5}{8}$ " bias press bar - cut bias 1 $\frac{3}{4}$ " wide
- $\frac{3}{4}$ " bias press bar - cut bias 2" wide



C. Fold the bias strip in half, WRONG sides together. Stitch (1.5L) $\frac{1}{16}$ " WIDER than the chosen press bar size.

D. Trim the seam allowances down to a scant $\frac{1}{8}$ "

E. Slip the press bar into the bias tube. Center the seam line plus the trimmed seam allowance over the back side of the press bar.

F. Firmly press directly over the press bar to set in the folds on each side of the bias tube.

G. Place the wrong side of the bias tube to the right side of the base fabric. Topstitch VERY close to both folded edges of the bias tube.

H. The bias tubes can also be steam shaped into curves prior to topstitching.

